

HOKE COUNTY  
HEALTH DEPARTMENT

SPECIAL  
POINTS OF  
INTEREST:

- Health department participating in a new public health initiative
- Hoke County resource directory available
- WIC Department gets an update

Upcoming Events

- **BOH Meeting**—August 12<sup>th</sup>, 7pm. @ Hoke County Health Department Conference Room.
- The **Smile Mobile Dentists** will be available for services at the health department on August 8<sup>th</sup>, 2013 from 8am-2pm.
- **FREE Adult Dental Clinic**—July 26 (6am-5pm) July 27 (6am-3pm) more info provided (p. 2)
- **\*Girls Only\*** - Self-Esteem Workshop—Saturday, July 27<sup>th</sup>, 9:30am—1:30pm @ Hoke County Health Department
- **Baby Think It Over Summer Program**—Start date is Thursday, July 18<sup>th</sup>, 5:30-7:30pm @ Hoke County Health Department

# Triple H News: Hoke Healthy Highlights



VOLUME 1, ISSUE 4



JULY 2013

## Taking a **Detour** to a Healthier You

### *An In-house Initiative*

Your local Hoke County Health Department is committed to providing public health services to promote healthy behavior for our residents and surrounding communities.

This 2013 summer, the health department along with the help of a summer public health nutritionist intern, Courtney, decided to develop a public health initiative designed to provide detours to healthy behaviors for our employees at the health department as well as customers/patients who visit the health department for healthcare services. In order to carry out this initiative, various posters containing healthy behavior information was created in order to be displayed throughout the

health department. The main area of location is in the public restrooms as well as the staff restrooms in each department.

Various healthy behaviors are displayed by the posters. One important and somewhat new health issue addressed by this initiative is third-hand smoke.

Third-hand smoke is the smoke that lingers around in the environment and on surfaces after a cigarette has

been depleted. Third-hand smoke is considered to be a health hazard and can cause serious health issues.

Also addressed by this initiative is how to eat healthy on a budget. Healthy foods can get very ex-

pensive, but there are ways that consumers can purchase and consume healthy foods while maintaining a budget.

The posters also address oral health. It is easy to focus your time and effort on keeping your body healthy and neglecting your teeth. Our initiative addresses the importance of oral health and informs visitors, patients and staff how to practice healthy oral behaviors.

While visiting the health department take notice of the posters in the restrooms to learn detours to living a healthier life.



## Hoke County Resource Directory

A resource directory that was designed by a 2012 summer intern, Candice, is now available at the health department. The resource directory will be a community staple in providing contact information for various organizations that serve Hoke County residents.

Included in the resource directory is contact information for mental health services, family healthcare clinics, animal care services, farmers market locations, dental services, physical health facilities, and your local health department among many other resources available in the county.

The health department has a few on hand to distribute out to our patients. In the near future, more resource directories will be available to distribute.





For more information  
Please contact us...

Contact Info.

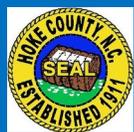
683 E. Palmer RD  
Raeford, NC 28376  
Phone: 910-875-3717  
Fax: 910-875-6531

**Our Mission...**

*"The mission of the Hoke County Health Department is to provide public health services that promote, protect, and preserve the wellness of Hoke County citizens and the surrounding communities."*

Get to know your county!

[www.hokecounty.net](http://www.hokecounty.net)



## WIC Department Goes Electronic



In the very near future, WIC departments across the state of North Carolina as well as other states will be implementing a new computer system for the WIC Departments. Your local Hoke County Health Department will be participating in this exciting experience. This new system is referred to as Crossroads.

This system will revolutionize the way WIC operates. The WIC department staff here at Hoke County Health Department have already participated in many workshops describing how this change will take place and what the WIC department can expect as a result of implementation of the WIC Crossroads System. The Crossroads system will be provided by the NC Division of Public Health, Nutrition Services Branch and will be implemented in health departments that offer WIC services across the state.

The Crossroads system will implement many new, exciting features. This new computer system will contain a new appointment system. WIC appointments will be scheduled through this new system. The appointment system will allow the health department WIC staff to improve the efficiency of their services to WIC families who seek service from the health department. The appointment system will also include calendars that can be personally updated and synced according to specific WIC clinic operation for each organization.

In addition to the appointment system feature, the Crossroads system will also allow WIC departments to connect to devices such as cards readers, document scanners, signature pads, and scales and stadiometers. These devices will be linked to the Crossroads system and will provide staff with a much more effective operating system to manage all WIC patient information in one easily accessible location. Connection to these devices will do away with lots of paperwork and hard-copied documents that are currently part of the WIC department operation. We look forward to implementation and we will keep you updated on the process.

### FREE OFFER

**FREE** Adult Dental Clinic provided by the North Carolina Missions of Mercy (NCMOM). The clinic is available for adults in financial need with no other options. No appointments! First come, first serve basis.

Services Include:

- ⇒ Extractions
- ⇒ Fillings
- ⇒ Cleaning
- ⇒ Partial Denture Construction (Front teeth only)
- ⇒ Full Denture Repair (NO full denture construction)



Friday, July 26 2013: 6am-5pm  
Saturday, July 27 2013: 6am-3pm

### COMMUNICABLE DISEASE STATS

JUNE 2013



Latent TB Infection: 2

TB Suspect/Cases: 2

**Positive Cases**

Chlamydia: 13

Gonorrhea: 6

Syphilis: 0

NGU: 0

HIV: 0

Salmonella: 1

Campylobacter: 0

**Tests**

HIV Tests: 77

### HEALTH DEPARTMENT STAFF ANNIVERSARIES

July 2013

J. Caruthers: 3 years

R. Hailstock: 7 years



Adult Dental Clinic Address  
Charlie Rose Agri.-Expo Center  
1960 Coliseum Drive  
Fayetteville, NC