



Triple H News: Hoke Healthy Highlights

Your Local Health Department is Accredited!

Your local health department in Hoke County was recently accredited by the North Carolina Local Health Department Accreditation Board (NCLHDA). Since 2002, this board has served under the North Carolina Institute for Public Health, which



determines the standards for the accreditation process of NC local health departments. The board established that the NC health departments should

provide optimal quality of care by performing the following: assessment, assurance, and policy development.

This marks the beginning of a new era at the health department. Accreditation is awarded to health departments who have met the standards set forth by the board and maintain those standards over their time of accreditation. Hoke County Health Department is accredited from this year until 2017. At that time, the health department will once again go through the re-accreditation process.

As an accredited health department, the residents of Hoke County are assured that the public health services provided

in Hoke County are standardized and premium quality. We are committed to creating a healthier community by providing "cutting edge" programs and services.

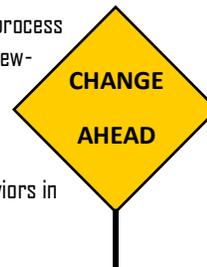
We are proud of this honor and the health department will receive an official plaque awarding the accreditation achievement. In the next few weeks, look for the seal on the doors signifying our new award. A special thanks to the Board of Health, County Commissioners, County Manager, other County Department Heads, Clerk to the Commissioners, NC Cooperative Extensions, First Health, Dr. Karen Smith, and department staff for their hard work and support during the process.

Healthcare Providers Learn Motivational Interviewing

On Thursday, June 20th from the hours 6-8:30 pm., a motivational interviewing session was held at the health department for the Hoke County healthcare providers. It was sponsored by the Southern Regional Area Health Education Center (AHEC). Mr. Paul Nagy, a Clinical Associate in the department of Psychiatry and Behavioral Sciences at Duke University Medical Center, was

the instructor for the evening. Motivational interviewing is a clinically proven procedure to induce patient motivation and to promote behavior change. The process is goal oriented and focuses on strengthening commitment of the patient for positive behavioral change. This process has been proven to be profound in improving many

health related outcomes. Your local healthcare professionals participated in this introduction session in order to gain knowledge about the process of motivational interviewing and how productive it can be in their practice to promote positive healthy behaviors in their patients.



Hoke County

Health Department

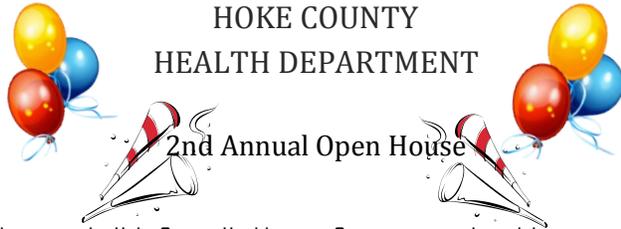
Special points of interest:

- > Health Department accredited by the NC Local Health Department Accreditation Board
- > Health Department Open House
- > New Board of Health (BOH) Chairman
- > Local healthcare providers participate in motivational interviewing training

Events of Interest

- 2nd Annual Open House— June 28th, 2013, 2-4pm. @ Hoke County Health Department.
- BOH Meeting—August 12th, 7pm. @ Hoke County Health Department Conference Room.
- Free HIV/AIDS Awareness Testing Day—June 25th and 27th, 10 am –4pm. @ Hoke County Health Department.
- *Girls Only* - Self-Esteem Workshop—Saturday, July 27th, 9:30am – 1:30pm @ Hoke County Health Department.
- Baby Think It Over Summer Program—Start date is Thursday, July 18th, 5:30-7:30pm @ Hoke County Health Department

HOKE COUNTY HEALTH DEPARTMENT



2nd Annual Open House

Please join the Hoke County Health Department on June 28th for a short afternoon of celebrating the Hoke County's Accreditation Award and to learn about the services your local health department offers to Hoke County's population.

We will have tables set up to provide an overview of the many services we offer to our patients and the initiatives the health department sponsors to provide our residents with an overall healthy county. Light refreshments will be available as well as small prizes.

Come join us in the celebration and learn about how the Hoke County Health Department is committed to promoting healthy behaviors for all of Hoke County.

[New BOH Chairman]

On June 10th, at the BOH Meeting, the members voted to elect Vance McGougan as the new Chairman. Mr. McGougan is preceded by past Chairman Kenneth Booker.



Communicable Disease May 2013 Stats

Latent TB Infection: 2

TB Suspect/Cases: 2

Positive Cases

Chlamydia: 16

Gonorrhea: 3

Syphilis: 0

NGU: 0

HIV: 0

Salmonella: 0

Campylobacter: 0

Tests

HIV Tests: 91



For more information
Please contact us...

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One Busy 2013 Summer

Your local Hoke County Health Department has a very busy summer prepared to engage our community in advocating healthy behaviors and promoting healthy attitudes in our county. This year's summer programs are dedicated to our youth and females. Read below to find out what the health department is sponsoring this summer and learn how to participate in these programs.

Self-Esteem Workshop

Self-esteem is the value of yourself as well as the value of others feelings about you. This includes your feelings about your body image. Good self-esteem and body image feelings are important because they are essential in developing and maintaining healthy behaviors.

The health department will sponsor a self-esteem workshop for females only

during the month of July. The workshop is free to all girls who would like to attend and will be held at the Hoke County Health Department in July 27th, 2013 at 9:30am-1:30pm.

Baby-Think-It-Over

Our Baby-Think-It-Over Program is not new to the health department or to the county at large. This program can have a very positive impact in the county and surrounding communities in regards to decreasing the teen pregnancy rate in Hoke County and the onset of premature sex in young, teenage females as well as the development of STD's and HIV. The program allows teenage females to experience the challenges of motherhood and the responsibilities associated with motherhood. The program will start July 18th at the health department at 5:30pm-7:30pm.

For more information concerning these programs please contact Ms. Cornelia Murchison, Hoke County Health Department Public Health Educator at 910-875-3717 ext. 2104.



Health Department

Staff Anniversaries

M. Baxley: 6 years

H. Edwards: 13 years

L. Ellis: 5 years

J. Hogan: 7 years

S. James: 13 years

U. Little: 11 years

K. McLean: 4 years

S. Currie: 11 years

Our Mission...

"The mission of the Hoke County Health Department is to provide public health services that promote, protect, and preserve the wellness of Hoke County citizens and the surrounding communities."

Get to know your county!

www.hokecounty.net

