

PREPARED CHILDBIRTH



EDUCATION SCHEDULE 2018

June Day Class 10 a.m. - 12:30 p.m.

June 5 - Pregnancy and Labor

June 12 - Comfort Techniques & Medical Proc.

June 19 - Newborns & Postpartum Care

June 26 - Importance of Breastfeeding/Car Seat Safety/Infant CPR

July Evening Class 5:30 p.m.- 7:30 p.m

July 10 - Pregnancy and Labor

July 17- Comfort Techniques & Medical Proc.

July 24 - Newborns & Postpartum Care

July 31 - Importance of Breastfeeding/Car Seat Safety and Infant CPR

September Day Classes 10 a.m. - 12:30 p.m.

Sept. 4 - Pregnancy and Labor

Sept. 11 - Comfort Techniques & Medical Proc.

Sept. 18- Newborns & Postpartum Care

Sept. 25- Importance of Breastfeeding/Car Seat Safety and Infant CPR

November Evening Class 5:30 p.m. - 7:30 p.m.

Nov. 6 - Pregnancy and Labor

Nov. 13 Comfort Techniques & Medical Proc.

Nov. 20 - Newborns & Postpartum Care

Nov. 27 - Importance of Breastfeeding/Car Seat Safety/Infant CPR

Classes meet on Tuesday in the Education Classroom

Hoke County Health Department

683 East Palmer St., Raeford NC

(910) 875-3717 Ext. 2104

ssutton@hokehealth.org

To register see back of flyer

Weekend Only Class Schedule 10 a.m. - 2 p.m.

August 11 & 18

Spanish Only Classes Available

Spanish only classes available

Participants who complete all scheduled session will qualify for a free seat and crib mattress



Enrollment is Easy

- Call (910)875-3717, Ext. 2104
- Fax this form to (910)875-6351/1715
- jsutton@hokehealth.org
- Class fee: \$35.00
- Medicaid recipients (\$0)



Mail/Fax/Email this form to:

Sherita Sutton

Hoke County Health Center

683 East Palmer Road Raeford, NC 28376

PLEASE PRINT

Name: _____

Date of Birth: __/__/____

Pregnancy week's _____

Physician: _____

(Work): _____

(Cell): _____ Address: _____

City _____ State: _____ Zip: _____

Email: _____ Class Start date: _____

Preferred Language : _____ English _____ Spanish

Type of Payment:

DO NOT send cash in mail; a \$25.00 fee will be applied to all returned checks...

CHECK

CASH

MEDICAID

AMOUNT PAID \$ _____ OR MEDICAID# _____