

HOKE COUNTY NEWSLETTER

SUMMER 2012

Hoke County Board of Commissioners Approve Health Department & Hoke County Collaborative Project

On Monday, June 18th, 2012 at 7:00 pm, the Hoke County Board of commissioners held a meeting at the Pratt Building in downtown Raeford. The County Commissioners discussed business ranging from county budget to other projects taking place in the county. The Hoke County Health Department was excited to be part of the agenda in order to present a project the health department is supporting.

The representatives from the health department were Helene Edwards, Health Director, Cindy Morton, Nursing Supervisor, Ulva Little, Health Educator, Jarrod Bullard, Intern and Candice Locklear, Intern. The health department was in attendance at the meeting to present a special presentation to the commissioners in order to receive their support for a project and resolution entitled, "Improving the Health of Hoke County Weighing in on the Future".

This project is sponsored by the Hoke County Foundation and the collaborative members consist of the Hoke County Health Department, First Health of Moore



County, NC and Dr. Karen Smith. The purpose of the project is to reduce the current obesity and overweight ratings in the county by five percent by the year 2015. In 2011, sixty eight percent of residents in Hoke County reported being overweight and thirty one percent self reported as being obese.

The Hoke County Collaborative team is committed to bringing these alarming numerical statistics to the attention of local medical physicians in order to gain full medical support. With this kind of support, "Weighing in on the Future" can transform into a community wide initiative which will assist residents in maintaining their weight in order to support healthier lifestyles for the popula-

tion of Hoke County. It was with great appreciation that the "Weighing in on the Future" of Hoke County resolution was adopted and signed by the Hoke County Board of Commissioners.

The Hoke County Health Department is delighted to know that confirmation of "Weighing in on the Future" resolution has been approved and the information was relayed to the other Hoke County Collaborative members. The second phase of implementation consists of gaining county wide support from other medical providers. Hopefully, Hoke County will be dedicated to this project and the health department along with other members of the Hoke County Collaborative team in order to continue to help make Hoke County a healthier community for its residents.

The Hoke County Collaborative team would like to thank the Hoke County Board of Commissioners for taking the initiative in paving the way for a future healthier Hoke County by adopting the "Weighing in on the Future" resolution.

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Welcome!

Welcome to the Hoke County Newsletter. Inside you'll find information of what's going on inside Hoke County.

If you have any questions, comments, or concerns, please email

Newsletter @hokecounty.org



2012 Election Information



FILING DATES (Non-Partisan Offices)

Soil and Water
Conservation Supervisors
June 11-July 6th, 2012

Board of Education
Members

July 2-August 6th, 2012

SECOND PRIMARY

JULY 17, 2012

GENERAL ELECTION



Election Dates



There will be a Second Primary held on **Tuesday, July 17th, 2012** in Hoke County, North Carolina for the following offices:

DEMOCRAT

NC Commissioner of Labor

NC State Senate District 21

REPUBLICAN

NC Lieutenant Governor

NC Commissioner of Insurance

NC Secretary of State

NC Superintendent of Public Instruction

Absentee One-Stop Voting will be conducted from Thursday, June 28th, 2012 until 1:00 pm on Saturday, July 14th, 2012 at the Board of Elections office at 227 North Main Street in Raeford, North Carolina.

EXCEPTION:

Voting will not take place on Wednesday, July 4th when the county offices will be closed for the holiday.

Absentee Voting by mail will be available from June 1, 2012 until 5:00 pm on Tuesday, July 10th, 2012.

Sample Democratic 2nd Primary Ballot
Hoke County, North Carolina
July 17, 2012

D001

BALLOT MARKING INSTRUCTIONS:
a. With the marking device provided or a black ball point pen, completely fill in the oval (○) to the left of each candidate or selection of your choice, like this:

b. If you tear, deface or wrongly mark this ballot, return it to request a replacement.

PARTISAN OFFICES

NC Commissioner of Labor
(You may vote for ONE)

Marlowe Foster
 John C. Brooks

NC State Senate District 21
(You may vote for ONE)

Billy R. King
 Robert B. Clark III

End of Ballot

Sample Republican 2nd Primary Ballot
Hoke County, North Carolina
July 17, 2012

R015

BALLOT MARKING INSTRUCTIONS:
a. With the marking device provided or a black ball point pen, completely fill in the oval (○) to the left of each candidate or selection of your choice, like this:

b. If you tear, deface or wrongly mark this ballot, return it to request a replacement.

PARTISAN OFFICES

NC Superintendent of Public Instruction
(You may vote for ONE)

John Tedesco
 Richard Alexander

End of Ballot

NC Lieutenant Governor
(You may vote for ONE)

Dan Forest
 Tony Gurley

NC Commissioner of Insurance
(You may vote for ONE)

Richard Morgan
 Mike Causey

NC Secretary of State
(You may vote for ONE)

Kenn Gardner
 Ed Goodwin

Hoke County Health Department Events



Childbirth Education Classes

Is offered to Hoke County expecting mothers in an effort to prepare them for labor and birth. Or motto is "It's a labor of love!"



Pre-birth and Newborn Care Classes

Parents are learning about parenting before birth in an effort to have healthier and happier parent and child outcomes.

Healthy For A Life Time Event

The Hoke County Health Department Hosted the Healthy For A Life Time Event on May 16th. This was an opportunity for Hoke County residents to take advantage of free health screenings 120 participants were screened.



Area Church Provides Free Health Screenings

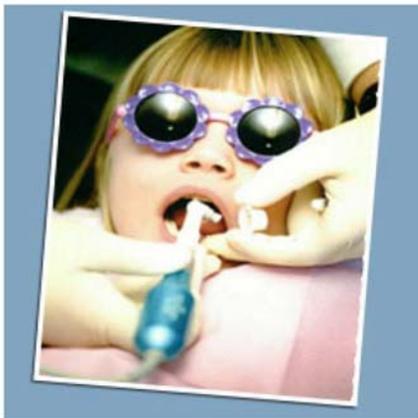
The Hoke County Health Department and Full Gospel Temple Church teamed up on May 5th to provide free health screenings and health information for citizens living in the Raeford/ prospect area.



Summer Baby Think It Over Program

The Baby Think It Over Program is an annual program designed to help teens understand the consequences of risky behaviors.

The Mobile Dentists are coming to Hoke County Health Department on Thursday, August 9, 2012



All children aged 1 year to 18 years are invited to see the Mobile Dentists. Please contact the Hoke County Health Department at 910.875.3717 for more information or to schedule an appointment with the Mobile Dentists.

Hoke County Health Department Tdap Clinics
Monday, July 9, 2012 | 5pm to 7pm
Monday, August 13, 2012 | 5pm to 7pm



Departamento de salud de el condado de Hoke Las clinicas de Tdaps

Lunes, 09 de julio de 2012 | 5pm a 7pm
Lunes, 13 de agosto de 2012 | 5pm a 7pm

The Hoke County Health Department is now accepting BCBSNC! Mr. Allen Brown, PA has been credentialed with Blue Cross Blue Shield as an in-network provider. We are excited to be able to broaden our services to include this group of people and our county employees!



Hoke County Opening Day Ceremonies



Hoke County Parks and Recreation Opening Day Ceremonies for our baseball and softball season was held at Hoke Co High School on April 14th. There were a total of 59 teams that was represented for opening day from ages 4 thru 12.

The regular season has concluded at this time. We would like to thank our players, coaches and parents for a successful season.

Summer Camp

This is a picture of Hoke County's summer camp participants and staff. Our Summer camp is being held at East Hoke Middle School from 7:30 am until 5:00 pm, Monday thru Friday.

Our camp will consists of 6 weeks with August 3rd being the end date. Cost of camp is \$40.00 per camper per week.

Parks & Recreation has open enrollment each week for camp.



Mother's Day Luncheon

Hoke County Parks & Recreation held their annual Mother's Day Luncheon at the Senior room on May 12th. There were approximately 55 seniors that shared brunch with us.

The guest speaker for the event was Parks & Recreation's very own, Ms. Pat Graham.



Hoke County Angels (10 and Under) All-Star Team

"I am very proud of our players and would like to recognize them and our coaches for all of their hard work and dedication while thanking our parents for their valuable support. I would also like to thank our Hoke County Parks and Recreation Department, our Parks and Recreation Advisory Board and our County Commissioners for their support of our youth softball program."

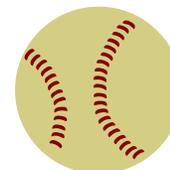
~ Coach Dover:

The Hoke County Angels (10 years old and under) All-Star softball team competed in the District 6 Softball Tournament this past weekend in Carthage, NC where they finished as Runners-Up and earned a berth in the State Tournament which will be held in Eden beginning July 13th.

To the best of our knowledge this is the first time that this age group has won a district all-star softball game, finished as high as District Runners-Up while advancing to the State Tournament.

Hoke had to beat Erwin on Saturday, which they did 12-0, in order to reach the championship series. Ina Womack pitched a complete game one-hit shut-out against Erwin while adding two hits, including an RBI triple. Haleigh Line was Ina's battery mate while catching the complete game. Abby Dover added two hits that included a bases loaded double that cleared the bases. This game was a complete team effort as everyone had a hand in making the victory possible.

Going into Sunday Hoke had to beat Dunn twice to win the championship; however, Hoke lost to Dunn in the first game 5-0. Ina Womack again pitched a complete game, yet the Hoke bats couldn't generate any runs. For Hoke, Julia Ogden made a spectacular diving catch in right center field and then fired a strike to Adrianna Honaker at first base for a double play.



Hoke County Angels All-Star Team

Front Row (left to right): Alex Sexton, Alyssa Norton, Abby Dover, Jenna Saunders, Haleigh Line.

Middle Row: Nailah Quick, Adrianna Honaker, Tejanah Murray, Ina Womack, Julia Ogden, Baylea Breeden

Back Row: Head Coach Jamie Dover, Assistant Coach Donald Womack, Assistant Coach Jimmy Saunders

Hoke County Ponytails (12 and under) All-Star Team

The Hoke County Ponytails girls softball all-star team (12 years old and under) have also made it to the state tournament! They will be playing in Montgomery County starting on July 6th.



Hoke County Ponytails All-Star Team

First Row (left to right): Brianna Burnette, Olivia Nieto, Alexis Blackwell, Alicia Rodriguez, Natalie Nieto

Second row: Head Coach April Norton, Jordan Saunders, Gabriella Viveros, Cayleigh Norton, Caitlin Crenshaw, Italia Lucchetti, Alyssa Rodriguez, Jessyca Cardona, Asst. Coach Dee Harris

Third Row: Asst. Coach Pat Harris

FALL SPORTS REGISTRATION

Football (ages 5-12) | Soccer (ages 4-14) | Cheerleading (ages 6-12)

Registration Date: July 2nd- August 3rd

Office Hours: Monday thru Friday, 8am – 5pm

Registration Fee: \$30.00 Birth Certificate Required

Saturday Registration: July 28th, 9am – 12pm

Late Registration Fee: an additional \$5.00 effective August 6th (if space is available)

For further questions, please call (910) 875-4035, or visit Hoke County Parks & Recreation at 423 E. Central Avenue Raeford, NC

Water Conservation Tips

Kitchen

Eliminate leaks by replacing old gaskets. A dripping faucet can waste 3,600 gallons a year.

Install faucet aerators.

Keep a pitcher of cold water in the fridge, instead of running water until its cold.

Don't leave the water running while rinsing dishes.

Don't use a garbage disposal.

Only use the dishwasher with full loads, and use the "water-saver" setting, if available.

Don't rinse dirty dishes before loading into dishwasher; scrape clean and let the machine do the rest.

Don't thaw frozen food under running water.

Bathroom

Don't leave the water running while rinsing, shaving, or brushing teeth.

If you hear running water in your toilet tank, adjust the leaky float valve or replace the faulty hardware.

Don't use your toilet as a wastebasket.

Install a water-filled plastic jug or a "toilet tank bag" in your toilet tank to reduce the water used per flush. Don't use a brick, which may crumble.

Check for leaks by dropping a small amount of food coloring in the upper tank. If color appears in the bowl, you have a leak.

Take shorter showers.

Install faucet aerators and or water-saving showerheads.

Outdoors

Check for and repair leaky garden taps, hose connections and sprinkler valves.

Water in the morning or evening, not in the heat of the day, to prevent evaporation.

Avoid watering on windy days.

Water slowly, thoroughly, and as infrequently as possible to promote deep roots and healthy plants.

Hold your garden hose close to the roots of plants so that there's little waste and evaporative loss.

Add compost and other organic matter to your soil to improve its water holding capacity.

Choose plants that don't require a lot of water.

Mulch all plant beds to reduce evaporation, weeds, and soil temperature.

Position sprinklers so that they do not water pavement.

Use rinse water from the house to water plants in or near the house.

Never let water run unnecessarily.

Limit car washing. Use a bucket and a hose with spray attachment.

Don't use the hose to clean driveways and sidewalks. A broom will provide more exercise, anyway.



The Hoke County Public Works Department strongly promotes water conservation and has an active water conservation and public education program. The following resources are available for schools, civic groups, and interested citizens.

Water Conservation DVD's

Our lending library contains 4 different videos that address issues from conservation to leak detection. They range from 10 minutes to 22 minutes in length and are available for all grade levels, including adults. A complete list of video titles and descriptions are available online at hokecounty.net under the Public Works link or contact Conservation Program staff at (910) 875-6704.

Available DVDs

The Water Works: From Source to Tap

Detecting and Silencing Leaks

Top Consumer Questions About Drinking Water

The Story of Drinking Water

County of Hoke | Phase I Mandatory Water Restrictions

(revised 6/16/08, 6/10/11)

Effective 6/17/08, Hoke County Utilities customers shall comply with the following water restrictions.

1. The odd/even schedule, outlined below, shall be in effect for lawn irrigation, washing cars, pressure washing structures (except for persons regularly engaged in the business of pressure washing). Irrigation on permitted days is prohibited from 10:00 am- 5:00 pm.
2. Pools may be filled.
3. Hand watering is allowed any day.

4. Introduction of water into any pond, ornamental fountain or other structure is prohibited.

5. Water from public or private fire hydrants used for purposes other than fire suppression, other emergency or water department needs is prohibited.

6. Use of potable water for dust control or compaction is prohibited.

ODD/EVEN SCHEDULE

For addresses ending in the number one, three, five, seven or nine watering lawns, grass, shrub-

bery, trees, flowers, and vegetable gardens shall be done on Sunday, Tuesday, and Thursday.

For addresses that end in the number zero, two, four, six or eight watering shall be done on Saturday, Monday and Wednesday.

Persons regularly engaged in the sale of plants shall be permitted to use water for such purposes at any time or any day.

**ABSOLUTELY
NO WATERING
ON FRIDAY**

Penalties for violation(s):

- 1st offense- warning
- 2nd offense- \$50.00 fine
- 3rd offense- \$100.00 fine
- 4th offense- \$250.00 fine

Subsequent offenses shall be fined \$500.00 per offense.



PUBLIC WORKS

423 E CENTRAL AVE
RAEFORD, NC 28376

Scurlock Convenience Site



The Hoke County Solid Waste Department is pleased to announce that the long-awaited Convenience Site for the Scurlock community is starting to happen! The site work is well under way and, weather permitting, actual construction should begin in the next few weeks.

Please be patient as you continue using the old site since there may be some traffic hazards or congestion associated with construction, and perhaps some confusion as we transition from the old site to the new.

If you get the chance,

please thank your County Commissioners for their resolve and commitment in seeing this project to fruition in these tough economic times. There is sometimes a thankless job and a word of encouragement from the citizens of this fine county is always appreciated.

Revaluation 2014

What is a Revaluation?

A Revaluation is a process in which all property in a taxing jurisdiction (Hoke County) is revalued to its market value as of the effective date. It is also sometimes called a reappraisal or mass appraisal. This market value is the new assessed value for the property until the next revaluation. The next effective

date for our revaluation will be January 1, 2014. Our last revaluation was effective January 1, 2006.

Why Do We Have A Revaluation?

The North Carolina General Statute 105-286 states that each County of the State reappraise all real property every eighth year. The purpose is to redistribute the tax bur-

den based on property value.

When Will The Revaluation Start?

The revaluation process started in the spring of 2012. We will begin searching sales and compiling a schedule of values based on current market values. Actual field work (visiting the properties) will begin in

July, 2012 and continue through August, 2013.

Officials from the Hoke County Tax Assessors office will conduct the reappraisal. They will have proper identification as tax office staff. If any questions arise, citizens may call the tax office at 910-875-8751.

Dream Big, Own the Night! 2012 Summer Reading Program @

Hoke County Public Library
334 N. Main St., Raeford NC 28376
910-875-2502 / www.srls.info



Sign Up, Read Books, Win Prizes!

Reading Dates: June 1 – August 24, 2012

Preschool Storytime (ages 0 -5)
Tuesdays @ 10:00 AM

School-age Programs (ages 5-12)
Tuesdays, 3:00-5:00 PM

Teen Programs (ages 13-18)
Thursdays, 3:00-5:00 PM

June 12th & 14th
June 19th & 21st

Living Night Skies
Campfire stories, Ghosts, and
Monsters OH NO!!!
(wear your PJs!)

June 26th & 28th
July 10th & 12th
July 17th & 19th

Magical Expressions
Puppet show to the stars
Big Dreams & Future
Explorations

July 24th & 26th
July 31st & Aug 2nd

Whisper of Wishes
Capture your
Imagination
Planetary Collision Course
Celebrate the Night

Aug 7th
Aug 14th

****SPECIAL EVENTS****

June 26th, 3:00-5:00 PM **Rock Star Magic**
July 10th, 3:00-5:00 PM **Steve Brogan Puppet Show**
Aug 2 - 3:00-5:00 PM **Cold-Blooded Encounters**



Richard Fergison, Sheila Brown Evans, Representative Garland Pierce, Betty Perkins and Darlene Clark in the House Chamber on Library Legislative Day.

Ghost Hunters at the Hoke County Library!



Melissa "Missy" Williams, Richard Caminiti II, Jessica Ferron, Volunteer Toni Richardson, and Rich Caminiti III



Melissa "Missy" Williams talking to teens about her experiences.



Rich Caminiti Jr. showing a teen some EVPS

Join the Friends of Hoke County Public Library!

Just complete this form and mail it in along with your check. *Do not send cash.*
Memberships are tax deductible. Thank you for your support!

NAME _____ DATE _____

MAILING ADDRESS _____

CITY, STATE, ZIP _____

TELEPHONE _____

EMAIL _____

<u>Membership Type</u> (check one)	<u>Annual Dues</u> (Except Life Membership)
<input type="checkbox"/> Junior (Ages 0-18)	\$5.00
<input type="checkbox"/> Individual	\$15.00
<input type="checkbox"/> Family	\$25.00
<input type="checkbox"/> Civic Organization	\$50.00 or more
<input type="checkbox"/> Patron	\$100.00 - \$199.00
<input type="checkbox"/> Sponsor	\$200.00 - \$499.00
<input type="checkbox"/> Benefactor	\$500.00 or more
<input type="checkbox"/> Individual Life	\$500.00 or more

Friends of
Hoke County Public Library
334 N. Main St., Raeford NC 28376
910-875-2502

Summer Reading Program

Starting with Night skies to campfire stories (pictured right, top with Natjasia York and children from First Baptist Childcare) by a fire to the Rockstar Magic of Chris and Neal (pictured right, bottom with teen volunteers and the children) at the Hoke County Public Library, all which will be followed by Steve Brogan, a puppet mas-

ter, on July 10th from 3 to 5pm.

What will come next?! Check your local libraries website @ www.srls.info or call Jessica Ferron at 910-875-2502,

Daycares wanting to schedule a special trip to the library may also contact Jessica Ferron or Sheila Evans.



Bellydancing at the Library!

Shadows of the Fire belly dance troupe an ever-evolving community of dancers. From tribal-inspired styles and Hollywood-inspired cabaret to more experimental modern expressions, enjoy performing

a variety of American belly dance styles. They draw inspiration from the dance traditions of various countries and cultures to create our own eclectic art form. Our dancers bring their own unique

talents, styles and experience together to create a dynamic performance. Come to the Library July 21st from 1 to 2 to enjoy the show!! <http://www.shadowsofthefire.com/index.php>



"Reading Buddies" at the Literacy Council

Hoke County High School students are serving as volunteers in our "Reading Buddies" summer reading program.

After an interview, orientation, and training session, volunteers are paired with elementary and middle school students striving to improve their reading skills. This

program gives opportunities for older students to obtain volunteer hours, fulfill

community service requirements, and give back to their community. At the same time they are helping a younger student improve skills critical to their educational success.

This program is open to all residents of Hoke County and serves students in grades 1-12. For additional information, contact

Hoke Reading/Literacy Council at 910-875-2145 or hrlc@nc.rr.com.



Senior Services



Senior Services of Hoke County

Hoke County Senior Services is looking for a KING and QUEEN for the NC Turkey Festival and to represent Hoke County Senior Services. All seniors are asked to get involve to become the first senior KING and QUEEN for the NC Turkey Festival Float.

Additional information can be obtained at the Senior Services of Hoke County Office.
Or contact
Hoke County Senior Services 875-8588

We have received many fan donations from churches, and Senior Services has given out 69 fans to date.

Upcoming programs will be the Urgent Repair Program and the Lumbee River grant to assist Lumbee River members with utilities.

Senior Services was able to help 7 families with ramps from the Unilever grant.

Senior Services was also able to help 34 people with rent, mortgage, and utilities with the FEMA funds

Arts and Crafts

Tuesdays and Thursdays in the Senior Room 12pm -2pm.

Hoke County Senior Services
423 E Central Avenue
Raeford, NC 28376

Communications / E-911

The construction on our new Communications building is progressing smoothly. As of right now, we have a projected completion date of October 2012.

Hoke County 4-H Members Attend 2012 Citizenship North Carolina Focus

A delegation of Hoke County 4-H members attended 4-H Citizenship North Carolina Focus, which was held in Raleigh, North Carolina. The Hoke County delegation returned home from three days in which more than 200 youth and adults representing over 75 4-H programs across the state gathered to exchange ideas, gain knowledge and learn through hands on experiences about the different levels and branches of government.

Amanda Daniels, Kanisha Smith, and Abigail Clark represented Hoke County at the June 11-13



conference. Through various conference sessions and facilitated discussions, delegates learned and shared information related to local, state and national government as well participated in budget simulation sessions and learned how to be active in the area of citizenship. Delegates also worked with their county 4-H

Agent to develop an action plan based on a local need in their community to implement upon returning home from the conference.

The highlight of the conference was the Legislative Breakfast where delegates had a chance to meet and have photos taken with their elected officials. Following the

breakfast, delegates traveled to the Legislative Building in Raleigh to meet with their elected officials and their staff.

4-H Citizenship North Carolina Focus is sponsored by North Carolina's Electric Cooperatives – Touchstone Energy. North Carolina 4-H is Cooperative Extension's youth development program.

For more information on this event or other 4-H programs, please contact Cathy Brown, 4-H Agent in Hoke County at 910.875.2162 or email cathy_brown@ncsu.edu.

The Taste of Homegrown Produce

What if, instead of getting a news magazine every week, you got a big box of produce from a farmer down the road, a box of fruits and vegetables picked that very morning, bursting with flavor and nutrition? That's what you get when you subscribe to a CSA.

Community-Supported or Community-Shared Agriculture (CSA) is also known as "subscription farming." You buy a subscription from a local farmer just like you buy a subscription to Time or Newsweek. But instead of receiving a magazine each week, you receive a "share" of fresh, locally grown or raised fruit and/or vegetables. Some farmers also offer CSA subscrip-

tions for farm-fresh eggs, and/or meats.

While new in name, Community Supported Agriculture harkens back to an earlier time—a time when people knew where their food came from, ate in harmony with the seasons, and enjoyed a delicious, healthy diet of pure, fresh foods.

CSA is all about what is "in season". Sure you can buy tomatoes from a grocery store all year long but what's missing is the sweet mouth watering flavor of a vine-ripened tomato.

If this peaks your interest you are in for a real treat. You can subscribe to a

CSA through your local Extension Center. Hoke County Cooperative Extension Center is partnering with the Hoke County Farmers Market to offer a CSA (Community Supported Agriculture) program.

For \$70.00 participants receive two reusable, organic shopping bags, fresh, nutritious produce each week and recipes from the local FCS agent. The program began on June 27, 2012 and will run through August 1, 2012. After the summer program has ended we will be taking subscriptions for the fall vegetable season. For those who would like a fresh cut of meat each week you can pay an additional \$60.00 and receive a

cut of beef each week from Moore Brothers Beef. Participants must agree to complete a survey and pick-up their produce weekly between 12pm and 6p.m. each Wednesday in the lobby of the Hoke County Cooperative Extension Center located at 116 West Prospect Avenue Raeford, NC. If a participant cannot pick up his or her produce at that time, the week's allotment will be forfeited unless other previous arrangements are made.

For more information about the CSA or to sign-up please contact Mary Hollingsworth, Horticulture Agent, at mary_hollingsworth@ncsu.edu or 910-875-3461.

ServSafe Class | August 16, 17, & 20

This is a Certification Course for food service operators. The National Restaurant Association figures show that an outbreak of food borne illness can cost an operation more than \$75,000. Cases involving death and serious injury can cost much more. By serving safe food you can avoid:

- Legal fees
- Medical claims
- Employees' lost wages
- Loss of food supplies that must be discarded
- Bad publicity, loss of business and income
- Being shut down

Certification Course

ServSafe Essentials is a 16-hour Food Safety Certification Course developed by the Education Foundation of the National Restaurant Association.

Who Should Attend?

This program is for food service managers and supervisory staff in restaurants, schools, hospitals, nursing homes, and other food service establishments.

When?

9:00 am – 4:00 pm, August 16
9:00 am – 1:00 pm, August 17
10:00 am, August 20 for Exam



Where?

Hoke County Cooperative Extension
116 West Prospect Avenue, Raeford, NC

Cost

Registration fee of \$100.00 per person will cover cost of textbook, exam, and supplies.

Deadline to register is Friday, July 20, 2012.

Certification

The Educational Foundation of the National Restaurant Association will provide certification. A certificate, which can be proudly displayed in your business, will be awarded to all who successfully complete the course of the written examination.

ServSafe Certification will qualify for an additional 2 points during inspection from Environmental Health.

For additional information, contact Shirley Smith at 875-2162 or email shirley_j_smith@ncsu.edu.

Creating a Secure Password | Tips from IT

Your password is more than just a key to your computer or online account. It is a gateway to all of your important information. If your password falls into the wrong hands, a cyber criminal can impersonate you online, access your bank or credit card accounts, sign your name to online service agreements or contracts, engage in financial transactions, or change your account information.

Unfortunately, many users are still not taking the necessary steps to protect their accounts by using strong passwords. Far too often, passwords with simple combinations such as 123456, password, qwerty, or abc123 are being used. In other cases, people simply use their pet's name or their birth date -- information that can be easily found online, such as on a

Facebook or genealogy page.

How to Create Secure Passwords:

Cyber criminals have developed programs that automate the ability to guess your passwords. To protect yourself, passwords must be difficult for others to guess but at the same time easy for you to remember. Here are some recommendations:

Passwords should have at least eight characters and include upper case (capital letters) and lower-case letters, numbers and symbols.

Avoid words and proper names, regardless of language. Hackers use programs that try every word in a dictionary.

Don't use personal information -- name, children's name, birthdates, etc.

that someone might already know or easily obtain.

Change passwords regularly -- at least every 60 days. If you believe your system, or an online account you access, has been compromised change your passwords immediately.

Use different passwords for each account you have.

Make sure your work passwords are different from your personal passwords.

Protecting Your Passwords:

DO NOT write down your passwords. If you need to remember your passwords, write down a hint to a password, but never the password itself. Store the hint in a safe place away from your computer.



Do not share your password with anyone -- attackers may try to trick you via phone calls or email messages into sharing your password. Do not reveal your password on surveys, questionnaires or security forms.

Decline the "Remember Password" feature in browsers.

Always remember to logout when using a public computer.

If you need a utility to store your passwords, an "electronic vault" may be a viable option. When deciding which password manager/electronic vault to use, look for programs

In Other News...

Hoke County would like to extend a warm welcome to our new employees!

Senior Services welcomes their new Director, Ester Harrell.

Communications
Roxanna Posada-Munguia has been promoted to full-time Telecommunicator I.

Animal Control welcomes Roderick McLin-naham.

Inspections welcomes Danny Paschal, and wishes Bob Harvell a Happy Retirement!

Tax Collections welcomes Angela McGeachy.

**Saturday
July 7th, 2012**

4th of July Celebration!
Gates open at 7:00 pm
Fireworks at sundown!

at Hoke High School
Raz Autry Stadium

Free admission!
Hot dogs & coke will be sold.

Chamber of Commerce, City of Raeford
Hoke County, Hoke County Schools





Office of the Sheriff

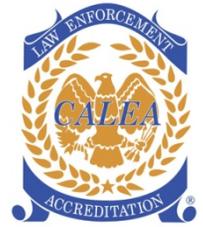
Hoke County Sheriff's Office and Emergency Management

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July 4th Fireworks Safety Starts with Common Sense

Using consumer fireworks on our nation's birthday is as American as apple pie, backyard barbecues and parades on Main Street. And it is equally safe if a few common sense rules are followed, says Nancy Blogin, President of the National Council on Fireworks Safety. Nancy notes that thanks to testing of consumer fireworks in China, through the American Fireworks Standards Laboratory and other testing programs, and rigorous enforcement of federal fireworks regulations by the CPSC, consumer fireworks today are safer than ever before. But Nancy notes that fireworks related accidents do occur each year, however, most could be eliminated if some basic safety steps had been taken.

Common Sense Safety Tips

The Hoke County Sheriff's Office and Emergency Management offers these common sense safety tips for using consumer fireworks in the hopes that injuries to consumers can be greatly reduced this season:

- Parents and caretakers should always closely supervise teens if they are using fireworks.
- Parents should not allow young children to handle or use fireworks.
- Fireworks should only be used outdoors.
- Always have water ready if you are shooting fireworks.
- Know your fireworks. Read the caution label before igniting.
- Obey local and State laws. If the fireworks are not legal, do not use them.
- Alcohol and fireworks do not mix.

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- Wear safety glasses whenever using fireworks.
- Never relight a “dud” firework. Wait 20 minutes and then soak it in a bucket of water.
- Soak spent fireworks with water before placing them in an outdoor garbage can.
- Avoid using homemade fireworks or illegal explosives: They can kill you!
- Report illegal explosives, like M-80s and quarter sticks, to the fire department or law enforcement agency.

Special safety tips, if using sparklers

- Always remain standing while using sparklers.
- Never hold a child in your arms while using sparklers.
- Never hold, or light, more than one sparkler at a time.
- Never throw sparklers.
- Sparkler wire and stick remain hot long after the flame has gone out. Be sure to drop spent sparklers in a bucket of water.
- Teach children not to wave sparklers, or run, while holding sparklers.

The Hoke County Sheriff's Office and Emergency Management urges all citizens to follow these common sense safety rules this Fourth of July in their holiday celebrations.

Grilling Safety

An estimated 5,700 grill fires on residential properties occur annually in the United States.

Follow these simple safety tips, and you will be on your way to safe grilling!

- Propane and charcoal barbecue grills must **only be used outdoors!** If used indoors, or in any enclosed spaces such as tents, they pose both a fire hazard and a risk of exposing occupants to **toxic gases and potential asphyxiation.**
- Position the grill well away from siding, deck railings, and out from under eaves and overhanging branches.
- Keep children and pets away from the grill area by declaring a **3-foot “kid-free zone”** around the grill.



Propane Grills

Check the gas cylinder hose for leaks before using it for the first time each year. A light soap and water solution applied to the hose will quickly reveal escaping propane by releasing bubbles. If you determine your grill has a gas leak, and there is no flame:

- Turn off the gas tank and grill.
- If the leak stops, get the grill serviced by a professional before using it again.
 - If the leak does not stop, call the fire department.



FEMA

U.S. Fire Administration

For information and resources on this subject, visit www.usfa.fema.gov/citizens/focus

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Summer Fire Safety

Every year Americans look forward to summer vacations, camping, family reunions, picnics, and the Fourth of July. Summertime, however, also brings fires and injuries due to fireworks and outdoor grills. Annually just under 8,600 Americans are injured by fireworks and almost 5,000 are injured by charcoal/wood-burning and propane grill fires. In 2010, 73 percent of fireworks injuries occurred between June 18 and July 18.

Families also enjoy camping in the summer. It is important to follow the park's rules for the use and extinguishing of campfires.

Summertime should be a time for fun and making happy memories. Knowing a few fire safety tips and following instructions will help everyone have a safe summer.

Fireworks Safety

The best way to protect your family is not to use any fireworks at home - period. Attend public fireworks displays and leave the lighting to the professionals.

If you ultimately decide to engage in this *very dangerous* activity, make sure fireworks are legal in your area and follow these safety tips:

- Never light fireworks indoors or near dry grass.
- Always have a bucket of water and/or a fire extinguisher nearby. Know how to operate the fire extinguisher properly.
- Do not wear loose clothing while using fireworks.
- Stand several feet away from lit fireworks. If a device does not go off, do not stand over it to investigate it. Put it out with water and dispose of it.

- Always read the directions and warning labels on fireworks. If a device is not marked with the contents, direction and a warning label, do not light it.
- Supervise children around fireworks at all times.

Barbecue Safety

- Before using a grill, check the connection between the propane tank and the fuel line. Make sure the venturi tubes - where the air and gas mix - are not blocked.
- Do not overfill the propane tank.
- Do not wear loose clothing while cooking at a barbecue.
- Be careful when using lighter fluid. Do not add fluid to an already lit fire because the flame can flashback up into the container and explode.
- Keep all matches and lighters away from children. Teach your children to report any loose matches or lighters to an adult immediately. Supervise children around outdoor grills.
- Dispose of hot coals properly - douse them with plenty of water, and stir them to ensure that the fire is out. Never place them in plastic, paper or wooden containers.
- Never grill/barbecue in enclosed areas - carbon monoxide could be produced.
- Make sure everyone knows to Stop, Drop and Roll in case a piece of clothing does catch fire. Call 911 or your local emergency number if a burn warrants serious medical attention.

Campfire Safety

- Build campfires where they will not spread, away from dry grass and leaves.
- Keep campfires small, and don't let them get out of hand.
- Keep plenty of water and a shovel around to douse the fire when you're done. Stir it and douse it again with water.
- Never leave campfires unattended.